

TR Connections

"We're in this together!"

Recreating at Red Rocks TR Workshop

5 hour CEU's!

Monday June 22, 2015

10:00 am – 4:00 pm

Southern Utah Veterans Home-Ivins

160 North 200 West

Ivins, UT 84738



Wellness: RT Approaches to Stress Management: –Kami Hardcastle MTRS, CTRS. This session will be discussing the concepts of stress management and how to effectively implement stress management into your wellness program.

Evaluating your Recreation Therapy Program – Amy Stoeger MTRS, CTRS

In this session we will be discussing the importance of the evaluation phase of the APIE process and how to effectively evaluate your interventions and overall recreation program.

Using Expressive Art as a Means to Address Both Low/High Functioning Residents– Kristina Couron, MTRS, CTRS. In this session we will be discussing the evidence based use of expressive art for both low and high functioning residents. We will be learning interventions and doing hands on activities to teach the benefit of using art as a means for improving mood and self expression.

Interventions for Individuals with Schizophrenia– Kristina Couron, MTRS, CTRS.

In this session we will be discussing ways to overcome barriers for providing evidenced based approaches to individuals diagnosed with schizophrenia. We will learn a variety of interventions and ways to provide better care for individuals experiencing this difficult mental health disorder.

Using the Montessori Method in your Activity Interventions – Amy Stoeger, MTRS, CTRS. This session reviews the Montessori Method and how it can be adapted to compliment and aid in successful interventions with your low functioning clients.

Cost \$100 per person before 6/8/15, after 6/8/15, the cost is \$115. Lunch is included. Return form and payment to:

TR Connections Corp

3624 E Brighton Point Dr

Cottonwood Heights, UT 84121

(801) 831-8463; olc@trconnections.com

or register online at www.trconnections.com

Name: _____

Facility Name: _____

Contact Information: _____

How many attending: _____

Payment amount: _____

Special dietary requests: _____
