

Mission:

To provide therapeutic recreation consultation that will educate, shape, and direct therapeutic recreation practitioners to provide services that exceed the standards of care.

Vision:

All clients served will receive meaningful therapeutic recreation services that will improve their quality of life physically, socially, cognitively, and emotionally; and provide them with opportunities to continue to learn and grow.

Goals:

- **Educate:** Offer a variety of educational opportunities including workshops, on-line trainings, and individual trainings during monthly visits.
- **Support:** Provide the required documentation in a timely manner and in a format that is client centered.
- **Inspire:** Give the practitioner the confidence and resources they need to creatively meet the individual needs of their clients.

Meet our Team

Kristina Couron MTRS,CTRS

Gerontology Graduate Certificate: University of Utah

Certificate of Training in Recreational Therapy
Dementia Practice Guidelines (DPG): American Therapeutic Recreation Association

Certificate of Completion for Advanced Geriatric Training (DPG): American Therapeutic Recreation Association

(801) 831-8463

olc@trconnections.com

Amy Stoeger MTRS,CTRS

Programming specialist-Dementia care, long-term care, adult day care

Recreation Therapy Director voted "Best in Class" by Pinnacle

Certified Eden Educator for Eden Alternative
(801)792-8932

amy@trconnections.com

Kami Hardcastle MTRS,CTRS

Master's degree in TR & Experiential Education
20 years of TR experience

Developed and implemented stress management and guided imagery programs, performing arts, social skills training, leisure education, self esteem, outdoor-education, anger management and community reintegration.

(801)891-6607

kami@trconnections.com

Therapeutic Recreation Connections Corp.

Let's Connect!

Recreation Therapy Consultants



www.trconnections.com

Services we Offer:

- Recreation programs designed to meet resident's interests and rehabilitation needs including wellness, pain management and memory care
- Promote evidence based recreation programming with each activity having a goal, meaning, and purpose
- Provide tools and tips to marketing your recreation therapy program
- Resident centered care plans
- Access to activity ideas and recreation resources via websites, blogs and newsletters
- Electronic charting program for documenting and tracking resident activity participation and goal achievement
- TRT course, educational workshops and on-line trainings for opportunities to earn CEU's
- Professional Supervision

Our Belief:

- Each resident has individual worth and deserves the best care possible. We want to help you meet your mission and goals by increasing resident's quality of life through active engagement in innovative and meaningful recreation programming.
- Providing quality care comes from well trained staff. We support and train recreation staff by giving them the tools, education and training they need to provide quality care.

Tired of the same old program?

We provide hands on training with a NEW innovative activity lead by the TR connections team each month. This hands on training exposes the recreation staff to new ideas, teaches new techniques in engaging residents and keeps staff and residents revitalized.

Don't get stuck in a stagnant program!

Let's connect together to develop an individualized program designed to increase your residents quality of life..

