



# TR Connections

“We’re in this together!”

## ***Spring Into Interventions Workshop***

*Saturday, April 25th, 2015*

*10:00 am - 4:00 pm*

### **LOCATION**

*Sandy Health and Rehab*

*50 E. 9000 S.*

*Sandy, UT 84070*

### **Presented by:**

*Kristina Couron, MTRS, CTRS - Amy Stoeger, MTRS, CTRS  
Heather Brown, M.S., CTRS - Tracy Lynn Valdez, TRS, CTRS*

*Cost: \$100 before April 10th*

*\$115 after April 10th*

*Earn 5 hours = .5 CEU's*

***Advocating Recreation Therapy to your Clients and Allied Professions - Tracy Lynn Valdez, TRS, CTRS:*** In this session we will be discussing how to advocate and promote recreation therapy to your clients and your co-workers. Following this session you will have a better understanding on how to support yourself as a professional and develop respect within the workplace.

***Interventions for Individuals with Schizophrenia- Kristina Couron, MTRS, CTRS:*** In this session we will be discussing ways to overcome barriers for providing evidenced based approaches to individuals diagnosed with schizophrenia. We will learn a variety of interventions and ways to provide better care for individuals experiencing this difficult mental health disorder.

***Using the Montessori Method in your Activity Interventions - Amy Stoeger, MTRS, CTRS:*** This session reviews the Montessori Method and how it can be adapted to compliment and aid in successful interventions with your clients.

***Developing Goals, Meaning, and Purpose within your Recreation Therapy Department: - Heather Brown, M.S., CTRS:*** This session will be discussing the difference between an activities department and a recreation therapy department and how to create more significance within your profession and the clients you serve.

***Guest Speaker: Therisa Herrington—Our guest speaker will discuss Chair Zumba and how you can implement fun and different exercise Zumba techniques with your clients!***

**Cost: \$100 per person before 4/10/15, after 04/10/15 the cost is \$115, LUNCH is INCLUDED Return form and payments to:**

**TRConnections, Corp.**  
3624 East Brighton Point Dr.  
Cottonwood Heights, UT 84121  
(801)831-8463  
olc@trconnections.com

**Or register online at: [www.trconnections.com](http://www.trconnections.com)**

### **Mail Form and Payment to TRConnections, Corp.**

Name: \_\_\_\_\_

Facility Name: \_\_\_\_\_

Contact Information \_\_\_\_\_

How many attending: \_\_\_\_\_

Payment amount: \_\_\_\_\_

Special dietary requests: \_\_\_\_\_