

4TH ANNUAL ARTS COUNCIL OF WASHINGTON COUNTY



Join us Saturday, February 29 at the Eccles Fine Arts Center on the campus of Dixie State University from 8 am – 5 pm, with an opening reception in downtown St. George Friday Night at ART Provides Gallery, 35 N Main St.

The 2020 Arts and Healing Symposium features two inspiring keynote speakers and 14 breakout sessions.

Registration includes a reception Friday night Feb 28 at Art Provides Gallery, breakfast and lunch on Saturday.

We have brought together some of the best thinkers for you at this one-day, intensive symposium on Arts and Healing Across the Lifespan.

This is truly the future of healthcare, so much exciting research is showing the proven benefits of participating in the arts for longevity, mobility, cognitive ability, and quality of life for all, regardless of age.

Registration and a light breakfast will start at 7:30 am, lunch at noon, with speakers and workshops until 5 pm. Both meals and symposium materials are included with your registration of \$50.00, with seniors 65+ and students just \$35.00. Register on the ticket link at www.artswashco.com

CEU Credits Available

Participants can earn CEU credits in Physical Therapy, Occupational Therapy, Recreational Therapy, Social Work and Art & Music Therapy - up to seven credits available. We will have applications at the registration desk. CEU credits are available for \$15.00 processing fee, prepay online with your registration or at the door.

Sponsored by:



This project is supported in part by Utah Arts and Museums, with funding from the State of Utah and the National Endowment for the Arts.

AGENDA

7:30 – 8:30 REGISTRATION, BREAKFAST

Deluxe Continental Buffet

Muffins and orange rolls

Yogurt bar with granola and fresh fruit

Ocean Spray juices

Coffee, tea

8:30 – 8:45 – MAIN STAGE ENTERTAINMENT



Dr. Massimiliano Frani, Concert Pianist, Founder Genote Health Music

8:45 – 9:45 – MAIN STAGE KEYNOTE SPEAKER



Dr. Jeremy Nobel

President of the Foundation for Arts & Healing and Founder of the UnLonely Project Film Festival, Brookline MA, faculty of the Harvard Medical School Department of Global Health and Social Medicine

Can Creative Expression be Medicine?

Discover how creative expression reduces the physical and emotional burden associated with various types of health conditions and life circumstances.

Explore

the relationship between health and creative expression through scientific research.

Empower

individuals through innovative programs and tools.

Engage

our community through shared stories of “art and healing.”

JEREMY NOBEL, MD, MPH As a practicing general internist for many years, Dr. Nobel experienced “the front lines” of health care and its delivery. Currently, through his faculty appointments at the Harvard School of Public Health and the Harvard Medical School, Dr. Nobel’s teaching, research, and community-based projects address the design of healthcare delivery systems that improve quality, cost-effectiveness and access. His work has been the basis of significant improvements in preventative, acute, chronic, rehabilitative, and end of life medical care that focus on understanding what quality healthcare means from a patient perspective, and how best to deliver it.

Dr. Nobel is also a recognized leader in the field of medical humanities, an interdisciplinary endeavor that draws on a diverse range of fields, including the creative arts, to inform medical education and practice. He is the founder and president of the Foundation for Art and Healing (www.ArtandHealing.org) whose signature initiative, the UnLonely Project (www.UnLonelyProject.org), addressing the personal and public health challenges of loneliness and social isolation, has gained national visibility. His work is dedicated to exploring the important relationship between creative expression and health and well-being, bringing those benefits to individuals and communities through innovative programs and an active research agenda.

A published poet, Dr. Nobel has received several awards for his poetry including the Bain-Swigggett Prize from Princeton University, and the American Academy of Poets Prize from the University of Pennsylvania. He is also a photographer, and a teacher—a practitioner of the humanities. With the unique background and training required to bridge scientific and humanistic disciplines, he has contributed to significant explorations into how creative expression mitigates illness and enhances well-being. He has become a prominent advocate for creative engagement, ancillary to and integrated with traditional medical care, as a pathway to healing.

The UnLonely Project is the signature initiative of nonprofit organization The Foundation for Art & Healing, whose mission is to broaden public awareness of the negative physical and mental health consequences of loneliness, while promoting creative arts-based interventions to reduce its burden. The UnLonely Project has three primary goals: first, to raise awareness about loneliness as a pressing health problem and promote creative expression as an innovative approach to alleviate it; second, to offer creative arts-based tools, resources, and programs for managing loneliness, adaptable for a range of individuals and communities; and third, to catalyze and conduct further research into how to most effectively reduce the burden of loneliness for millions of Americans. The UnLonely Project has garnered national visibility, including being featured on the Today Show, The New York Times and Psychology Today.

10:00 – 11:00 BREAKOUT SESSIONS

Classroom 155



Vicky Morgan, Art Therapist

Art Therapy for Wellness in the Creative Age

Art therapy is a mental health profession. It has been consciously developed over decades of studying the effects of art-making for people with mental illness, addiction, medical needs, and trauma. Benefits of art-making for all members of society have entered our popular consciousness. Yet, it is important to realize that when art processes are used without proper training, harm can come to people with vulnerabilities. This presentation provides an overview of how art therapy developed within healthcare, education, and community settings. Art therapy as a psychologically and artistically informed profession will be shared. Attention will be paid to art therapist education and practice settings. Arts-based practices to promote wellness will be discussed. Scope of practice for ethical care of individuals, groups, and communities will be explored. Having an informed provider is a safeguard for the well-being of people engaging in therapeutic art-making.

Vickie Morgan is a registered art therapist (ATR), licensed clinical mental health counselor (CMHC), and educator. She provides art therapy counseling at the Utah Neuropsychiatric Institute and teaches for Salt Lake Community College. She utilizes arts-based models applied to psychoeducational, CBT, self-efficacy, and group psychodynamic therapies. Vickie is president of the Utah Chapter of the American Art Therapy Association, is a Certified Change Leader with the Utah Division of Arts and Museums, and has worked with community organizations, including Bad Dog Arts, Art Access, Centro Civico Mexicano, and the University of Utah Womens' Resource Center. Vickie earned her Master of Arts in Art Therapy at the School of the Art Institute of Chicago. As a practicing artist whose work explores the intersection of personal, psychological and cultural influences on identity development, harm, and resiliency, Vickie's work is focused on supporting expressive art-making to improve the lives of people and communities.



Victoria Petro-Eschler
Music in Community: El Sistema in Utah

Ensemble Music Participation as Lifelong Resiliency

Participation in musical ensembles has been proven in numerous studies to enhance quality of life and diminish negative outcomes for people at every stage of life. This interactive session will use current programmatic offerings from Salty Cricket as case studies for this phenomenon, focusing on ways to maximize impacts for participants, and culminating in a group ensemble performance as a demonstration of this phenomenon. Students from Salty Cricket will share their experiences and insights.

Victoria Petro-Eschler is the Executive Director of Salty Cricket, a Salt Lake based nonprofit that seeks to build community around any group or individuals who are marginalized using music as the basis of that community. With a B.M. in Music Theory, M.A. in Musicology, and M. International Studies in International Nonprofit Management and Public Policy, Victoria believes firmly that music can change people and people can change music. Her life's work has been dedicated to that idea. She lives in Salt Lake City with her three biological children, composer husband, two mutts, and passionately misses her adopted daughter, who currently attends Weber State University.



Debra Eve, MA founder and writer, the Later Bloomer Blog. What History's Most Fascinating Late Bloomers Can Teach Us About Creativity and Reinvention

Later Boomer: Inspiration to Reinvent

Did you know that many of history's most fascinating individuals started creating at midlife and later? Bram Stoker wrote his first novel in his 40s; his fourth, at age 50, was the horror classic *Dracula*. In her 60s, Frances Glessner Lee advanced the field of crime scene investigation—using dollhouses. Grandma Moses started painting at 76 because arthritis made needlework too painful. She created iconic "old-timey" art for another quarter-century. Discover how these and other "late" bloomers reimagined themselves and why any age can be a "choose-your-own-adventure" story!

*Debra has variously been an archaeologist, a martial artist, and a software trainer. In her 50s, after her corporate job left her sick and burned out, she resolved to heal using her passion for writing. But when she searched the media for stories of late-blooming creativity, she mostly found discouraging "30 under 30" lists. She launched the popular blog *Later Bloomer: Creativity Never Gets Old*. In a culture that elevates youth and prodigy, Debra excavates stories of deeper achievement that have little to do with money. Last year, she was finally able to ditch her corporate job and embrace writing full-time. In 2020, *Later Bloomer* celebrates a decade on the Internet.*

Dance Studio



Joni Wilson and Chara Huckins – Tanner Dance Theater

Dance Through Life - finding open spaces and places for creativity

In this workshop, participants will explore the physical and cognitive aspects of open spaces through movement. Engaging in creative activities throughout the span of life offers depth and enriches our perspective, increases overall wellness, and encourages us to gaze imaginatively at our surroundings. Open space can provide opportunities for exploration, by traversing through and discovering new places. Participants will improvise using photos and imagery from the great open spaces of earth's landscape. The images will include exquisite native Utah landscapes and various images from diverse continents. Exploration through movement will also help participants discover the connection between dance and our environment, delving into the causal link between movement, and one's surrounding space. The workshop will include moving, discussing, and providing ideas for further implementation into a healthy daily life. We will explore not only the external environment, but also the intrinsic creative value generated through these open spaces, thereby opening space for locomotive inspiration. Participants will also be provided with lesson plans and outlines for the specified workshop to guide them through creating their own continual open spaces.

Joni Urry Wilson began her dance career as a child with Virginia Tanner, and has continued performing and teaching nationally and internationally for the past 30 years. She received an Honors BFA from the University of Utah and an MFA in Dance Performance and Choreography from Mills College in Oakland, California. Ms. Wilson has taught dance at Mills College, Purdue University, Weber State University and University of Hawaii and workshops for teachers across the state as well as internationally. She is an artist-in-residence for the Utah Arts Council, Salt Lake Arts Council and VSA/Art Access. Joni is Studio Director for the University of Utah Tanner Dance Program where she teaches students of all ages and abilities. Her full-time teaching includes classes for Virginia Tanner studio classes, ballet classes, The Children's Dance Theatre, and Dancers with Disabilities classes.

Chara Huckins is a dance artist, choreographer, educator, and advocate. As a certified movement specialist, she has brought the magic of dance to students of all ages and abilities as well as teachers with her performances, dance classes, choreography, and professional development workshops. She performed both contemporary and historical modern dance with Repertory Dance Theater for 19 years. Chara graduated Magna Cum Laude with a BFA in modern dance from the University of Utah. She holds a M.Ed. in Curriculum

and Instruction Creative Arts in Learning from Lesley University. Chara teaches and choreographs for the University of Utah Tanner Dance. She is a dance specialist for the Beverly Taylor Sorenson Arts Learning Program where she inspires hundreds of students to learn, create, and perform through the art form of dance.

11:15 – 12:15 BREAKOUT SESSIONS

Theater Studio Room 156



Dr. Massimiliano Frani
Concert Pianist, Founder Genote Health Music

Health Music: The Sound of Life

The session is focused on providing tools to better understand the effects of Health Music on aging and recovery processes. Participants can assess Health Music applications as a non-pharmacological intervention.

Massimiliano Frani's determination to apply music in medicine through rigorous and scalable modalities, is matched by international acclaim for classical recordings, performances and original works for the theater, opera and the motion picture industry. As master pedagogue, he performs and lectures worldwide.

Massimiliano's activity is converged in Health Music research and development with international institutions for the implementation of music as a didactic and therapeutic tool in Education, Special Education, and Mental Health. He has presented Health Music papers, training sessions and conferences worldwide and is the recipient of the Melvin Jones Humanitarian Award.

Black Box Theater



Dr. Brandt Wadsworth

Psycho-drama therapist; executive director of Canyon Creek Services

Theater for Life

This session will explore the fundamental aspects of drama therapy and its place among the creative arts therapy professions. Applications of drama therapy for both treating mental health issues as well as increasing wellness and quality of life will be explored and discussed. Participants will engage in experientials which highlight the basics of drama therapy and how it can be applied and used. Information on how to obtain appropriate training and qualifications to practice as a drama therapist will also be provided.

Dr. Brant Wadsworth is the Executive Director of Canyon Creek Services, a nonprofit that provides free services to survivors of domestic and sexual violence. Previous to his time at Canyon Creek, he served as the first Program Director of Lava Heights Academy, a residential treatment center for youth centered on using the arts in mental health therapy. Dr. Wadsworth has also worked as a creative arts therapist with adolescent male sex offenders, with adults and children with physical and cognitive disabilities, and as adjunct theatre faculty at Brigham Young University-Idaho. Brant holds a Ph.D. in Creative Arts Therapies from Lesley University in Cambridge, Massachusetts, and a master's degree in Drama Therapy from Kansas State University. He was the 2017 recipient of the North American Drama Therapy Association's Research Award for innovative work in the field of arts-based research.

Dance Studio



Nicholas Cendese and Barbara Lewis
Repertory Dance Theater (RDT) - Music in Motion

Flex Your Creative Imagination: an introduction to the Music in Motion program

Experience a Music in Motion class, led by Barbara and Nick. Get ready to move, create, and connect! If time permits, we will have Q&A at the end as Barbara and Nick share the methodology behind their program. Movement is common to everyone, and music is at the soul of every human being. Music in Motion combines these two elements and exposes aging adults to their own creative possibilities as they explore in an environment where neither fear nor failure exists. This program opens the imaginations of aging adults to new ways of seeing themselves and expressing their feelings. Rather than trying to retrieve what is no longer retrievable, Music in Motion addresses their present physical and mental state, takes them beyond what they think they can no longer do, and shows them all that is possible. This workshop is designed for older adults looking for new ways of expressing themselves. Students will explore art and creativity through movement and music with dancer Nicholas Cendese and music educator Barbara Lewis.

Barbara Lewis is an 86-year-old retired music educator and Nicholas Cendese is a 40-year-old dance educator. Together, and in partnership with Repertory Dance Theatre, for which Nick is Artistic Associate and Director of Development, they have developed the creative movement program, MUSIC IN MOTION. For the last two and half years they have taught this program to two groups of elder adults at Sagewood at Daybreak, a senior living facility in South Jordan, UT where Barbara has been a longtime volunteer. One class is with residents in independent and assisted living and the second class is with residents in Memory Care.

Nicholas Cendese is an Artistic Associate for RDT who danced with the Company for eleven years before moving into an administrative role. He has danced since the age of 3 and taught students aged 3-93.

12:15 – 1:15 – LUNCH

Soup, Salad and Baked Potato Bar

Tossed garden salad with ranch and lemon vinaigrette dressings

Soup - cream of broccoli with cheese or vegan vegetable with wild rice

Baked potatoes with chili, cheese, butter, sour creams, chives, diced tomatoes and purple onions

Dinner rolls with butter

1:30 – 2:30 MAIN STAGE
KEYNOTE SPEAKER



Erica Curtis

Licensed Marriage and Family Therapist, Board Certified Art Therapist
Author, speaker and instructor at UCLArts & Healing

Raising Connected, Happy, Successful Kids Through Art

Talking to kids often isn't effective, especially when it comes to calming emotions. In this hands-on keynote, learn art-therapy trade secrets to address myriad challenges faced by children and teens when words are not adequate or accessible. From anger to anxiety and daily struggles, this session will equip you with practical tools for calming the kids in your life with creativity. Based on the award-winning book, "The Innovative Parent: Raising Connected, Happy, Successful Kids through Art," this workshop is geared toward parents, grandparents, and professionals alike.

Erica Curtis is co-author of the award-winning book, "The Innovative Parent: Raising Connected, Happy, Successful Kids through Art" and an internationally cited expert on creative and cutting-edge approaches to psychological, relational, and emotional health (appearing in over 70 media outlets). Erica is a past board director for the American Art Therapy Association and past president of the Southern California chapter. Erica is an instructor and curriculum developer for UCLArts & Healing and internationally sought speaker. Erica maintains a psychotherapy practice in San Juan Capistrano.

2:45 – 3:45 BREAKOUT SESSIONS

Classroom 155



Karen Carter
Music Therapist, President Utah Music Therapy Association

Music Therapy Across the Lifespan

What is music therapy and how is it used across the human lifespan? We will focus on a broad overview of music therapy, and how this research-based field benefits the human population from birth to death and all the stages in between. Research demonstrating the effectiveness of music therapy within special education, psychiatric, medical, and physical rehabilitation settings will be emphasized. The presenter's current work with inpatient adult psychiatric patients and older adults in a step-down surgical hospital unit will be shared. Case studies and specific examples of successful music therapy interventions will be shared. Participants will have an opportunity to explore using music therapy principles and practice for the betterment of their own lives. Resources for music therapy services throughout Utah and the Intermountain West will be available.

Karen Carter SCMT, MT-BC, TRS, has a gift of bringing music into every realm of life. She has served in various capacities throughout her community, carefully weaving therapeutic skills, music, and leadership into each role. Karen currently serves as President of the Utah Association of Music Therapists. She provides full-time therapeutic services for the adult rehabilitation and inpatient psychiatric units at Intermountain Health Care Logan Regional Hospital. Throughout her career, Karen worked in many settings including schools, skilled nursing facilities, and hospitals. She is experienced working with children and adults with physical, emotional, and psychological challenges. Karen is an adjunct faculty instructor at Utah State University. She has supervised and mentored hundreds of students in both practicum experiences and piano instruction. Karen loves to compose, and she can often be found at her piano crafting lyrics and melodies together to create beautiful music from her heart.



Erica Curtis

**Licensed Marriage and Family Therapist, Board Certified Art Therapist
Author, speaker and instructor at UCLArts & Healing**

Befriending Challenging Emotions with Creativity

In this breakout session take a closer look at how creativity can help us identify, understand—and even harness the power of—unpleasant and confusing emotions that might otherwise wreak havoc. Discover, through simple creative exercises, how to interact with challenging emotions using compassion, curiosity, and your own creative resources. Hands-on, creative activities will allow you to practice befriending your own emotions as well as give you tools to help children and teens befriend theirs.

Erica Curtis is a Marriage and Family Therapist, board-certified art therapist, and internationally cited expert on creative and cutting-edge approaches to psychological, relational, and emotional health (appearing in over 70 media outlets). Erica is past board director for the American Art Therapy Association and past president of the Southern California chapter. Erica is an instructor and curriculum developer for UCLArts & Healing, co-author of the award-winning book, "The Innovative Parent: Raising Connected, Happy, Successful Kids through art", and internationally sought speaker. Erica maintains a psychotherapy practice in San Juan Capistrano, CA. www.TherapyWithErica.com

Black Box Theatre



Dr. David Tate
Psychologist, PhD, Intermountain Health Care

Mindfulness and Health: The Art of Conscious Living

Not wanting to get to the end of his life and realize he hadn't fully lived it, Henry David Thoreau, through careful attention, discovered the "bloom of the present moment." Mindfulness practice breaks us out of the "automatic pilot" mode and the "been there, done that" mindset. It restores our innate capacity to engage life fully, enlivening us, enriching our lives and our relationships, enhancing our fulfillment in work, our appreciation of beauty, our delight in play, our creativity and joy. Come share moments of renewal and nourishment, learning how to apply mindfulness practices to your daily life to support your health and happiness.

Dr. Tate has been in private practice as a psychologist in St. George, Utah, for over 20 years. He has taught Mindfulness-based Stress Reduction courses for 30 years, currently at Dixie Regional Medical Center. Dr. Tate's doctoral dissertation research was an early contribution to the now extensive body of research, finding significant emotional and physical health benefits through MBSR. Dr. Tate has provided mindfulness trainings in a variety of business and healthcare settings, including for Nike, Ernst and Young, New Line Cinema, Abbott Laboratories, the national Make-A-Wish Foundation, Zion National Park and the NCAA. He was the initial Lead Mindfulness Teacher, and later the Program Director, at Miraval, Life in Balance, the first mindfulness-based health and wellness resort, where he taught thousands of guests and trained hundreds of employees in mindfulness principles and practices. He and his wife and five children (three grandchildren), all love the visual, literary, and performing arts.

Dance Studio



Sharon Daurelle
Lead Teaching Artist Minding Motion for Graceful Aging

Minding Motion for Graceful Aging Experience

Using movement, music and community we will encourage participants to re-engage in their best partner- their body and its physicality. And discuss/facilitate the integration of physical, cognitive, creative, emotional and social functioning to enhance human potential and self- awareness in the participants.

Sharon Daurelle is a Master Lead Teaching Artist for Minding Motion for Graceful Aging. She provides movement experiences and impactful interactions for older adults and the senior population at senior centers, assisted living and memory support facilities in Utah. Her prior experience includes adjunct faculty position at the Salt Lake Community College. Sharon has taught The Nia Movement Technique at community recreation centers, private athletic clubs, and private addiction-based facilities throughout the state. For 30 years, Ms. Daurelle was a Correctional Administrator. Her focus was on justice involved women, and victims of trauma.

4:00 – 5:00 BREAKOUT SESSIONS

Theater Studio Room 156



Emily Christensen and Alex Mack
Jewish Family Service: Music for Dementia

Bolstering Dementia Care through Music Listening, Choral Singing and Support Groups

Jewish Family Service (JFS) and Crescendo Music Therapy have teamed up to bring a trio of services to persons with dementia and their care partners. First, JFS provides monthly support groups to caregivers, while at the same time providing programming for their partner with dementia. Second, JFS is a provider of the Music and Memory program, providing people in need with iPods pre-loaded with their favorite music; and third, JFS has partnered with Crescendo Music Therapy to sponsor “The Gleeful Choir”, a chorus for dementia care partners. This combination has led to increased quality of life all around fostering deep friendships and support for caregivers, utilizing personalized music listening to positively affect emotion and behavioral issues for those with dementia, and experiencing the positive cognitive, emotional and social benefits of choral singing.

Emily Christensen is a board-certified music therapist and director of Crescendo Music Therapy. She completed her undergraduate degree in music therapy from Utah State University and her graduate degree from the University of Utah in Gerontology. Emily specializes in hospice, dementia and general elder care. She has completed additional trainings in Neurologic Music Therapy and is a certified Hospice and Palliative Care Music Therapist. Her company contracts with hospice agencies, nursing facilities and private clients across Utah to

provide music therapy services. Emily is the director of the Gleeeful Choir, a chorus for dementia care partners, and is a board member of the Utah Creative Aging Coalition. Emily absolutely loves her clinical work and is endlessly amazed at witnessing the astounding effects that music has on the quality of life of her clients.

Alex Mack is a documentary filmmaker turned social worker, passionate about using arts and creativity to increase connection, self-expression, and help improve the lives of individuals and families. Alex received her Master of Social Work from Silberman School of Social Work in New York City, but moved home to Utah in order to be close to friends, family, and the beautiful outdoors. Currently, Alex works at Jewish Family Service in Salt Lake City where she provides individual counseling, caregiver support, and outreach to help grow their Music and Memory Program, which provides personalized music for individuals living with dementia and their caregivers. Alex serves as the chair of the Utah Creative Aging Coalition.

Main Stage



Dr. Jeremy Nobel

President of the Foundation for Arts & Healing and Founder of the UnLonely Project Film Festival, Brookline MA, faculty of the Harvard Medical School Department of Global Health and Social Medicine

Deep Dive with Jeremy Nobel

Black Box Theater



Sandra Shanti and Rev Claudia Giacomini

Artifying Spiritual Care: A Portfolio

This presentation is composed of images and stories. You will see and hear how the arts have been integrated into caring for the human spirit.

While the language of spirituality and aesthetics are in themselves difficult to define and prove, they are both attempts to give expression to the ineffable. Both the arts and religion offer languages of symbols expressing universal themes of life, death, or transcendence.

People who do not access traditional religious language to speak about their experiences of transcendence or human connection often welcome engagement with the arts as a sensory language that can help explore the relationship between body and spirit. This presentation demonstrates how trusting the process of artmaking brings consolation and healing to the suffering person, as well as meaning to the seeker.

As a board-certified multi-faith chaplain, Shanti merges art and spirituality in an imaginative process that transforms art supplies and life experience into something therapeutic and meaningful. She has engaged hospital staff, patients, and survivors of domestic violence in artmaking to express themselves, explore their success or suffering, and move toward holistic well-being. Her playful and probing approach reflects her understanding of spirituality which cultivates connection with the essential self, other people, and the sacred. She has twice presented on integrating art and spirituality at the national conference for the Association of Professional Chaplains. Her academic credentials include a bachelor's in art and education, a master's in theology, and a master's in arts in medicine. She is currently a chaplain at the University of Utah Hospital.

Ordained as an Episcopal priest at age 72, Claudia already had years of life and learning to bring to her ministry. Her academic background includes interior design, art therapy, Anglican theology and studies in gerontology. For 25 years Claudia has offered "Art & Soul" workshops to explore our human earthiness as well as our relationship to the Numinous. Mother Claudia serves as a spiritual director and mentor to many artists and explorers.

5:00 – 5:30 LOBBY - WRAP UP

Hugs and Brownies